



SunSmart Policy

Rational

At Beechboro Primary School all students and staff will adopt sun smart practices. Australia has the highest rate of skin cancer in the world. Over exposure to the sun during childhood and adolescence is an important contributing factor to the development of skin cancer later in life. As students are at school during times of peak ultraviolet radiation (UV), schools play a major role in creating a supporting environment that minimises exposure and encourages sun protective behaviours.

Aim

Our SunSmart Policy has been adopted to ensure that all students, staff, parents and visitors attending Beechboro Primary School are protected from skin damage caused by harmful UV radiation from the sun

Implementation

This policy is to be implemented all year. The sun protection practises outlined in this policy will be applied to all school activities, including sports carnivals and excursions.

Beechboro Primary School Staff Will:

- Inform parents of this sun protection policy when they enrol their child/children
- Brief all new staff on this sun protection policy as part of the induction process
- Promote sun protection via school newsletters, assemblies, messages, whole school activities and staff meetings
- Require students to wear a wide-brimmed hat when outside throughout the year
- Direct students without a hat to stay in a shaded or suitable areas
- Require staff to wear a hat for all outdoor activities, including recess and lunch duty
- Encourage parents and guests to wear a hat when participating in and attending outdoor school activities
- Require students to wear a school wide-brimmed hat, sun protective clothing and sunscreen for all sports and excursions
- Require staff and students to wear a swim (rash) top for swimming gif outside
- Maintain the school dress code to include sun protective items
- Ensure there is adequate provision of shade within the school grounds for students and staff, by building shade structures, particularly in the areas where students congregate, for example, lunch, canteen, outdoor lessons areas and playground equipment
- When moving around the school, where practical, encourage staff and students to use shaded or covered areas when outside
- Ensure that adequate shade is provided at sporting carnivals and outdoor events
- Incorporate sun protection and skin cancer awareness programs into the appropriate key learning areas of the school curriculum, particularly during Physical Education and Health lessons
- When outdoor activities are scheduled at times when the UV index is 3 or higher, maximum use is made of hade, sunscreen, hats and long clothing to protect students and staff
- Encourage the use of SPF 30+ broad-spectrum, water-resistant sunscreen by:
 1. Sunscreen is available and accessible to students and staff in all classrooms. Staff will encourage students to apply sunscreen when the UV index is over 3.





2. Asking parents to provide sunscreen for their child/children in the classroom (particularly during the summer months).

2 Encouraging children to apply sunscreen at home before the school day commences (particularly during the summer months)

Parents/Carers will:

- Ensure their child/children have a wide-brimmed school hat
- Ensure that their child/children's clothing provides adequate protection from UV radiation
- Ensure that their child/children has access to SPF 30+ broad-spectrum, water-resistant sunscreen before leaving for school (unless there is a reason as to why this can't happen)
- Act as positive role models by practising SunSmart behaviour
- Support the school's sun protection policy

Cancer Council recommends the following: Collars and sleeves, closely woven fabric, natural fibre and swim (rash) tops for swimming

Students will:

- Be aware of the school's sun protection policy
- Take responsibility for their health by being SunSmart
- Comply with SunSmart rules and guidelines by wearing suitable hats and clothing
- Apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before school starts
- Act as positive role models for other students in all aspects of SunSmart behaviour
- Participate in SunSmart education programs

